

MEASLES 101

What is it?

A highly contagious infectious disease caused by the Measles virus

Measles spreads through



Contact with Infected People

Coughing and sneezing releases the virus



Contaminated Air and Surfaces

The virus can stay active for two hours in the air and on surfaces



If just one person has it

9 out of 10



people around them will also become infected if they are not protected

Measles symptoms occur in phases

and appear 7-14 days after infection



Red, watery eyes



High Fever



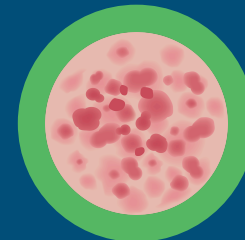
Runny Nose



Cough



Tiny white spots inside mouth



Red, flat rash, starting on head

Measles is more than just a rash

and children under 5 are at the highest risk for severe complications



1 in 5 people
who get measles
ends up in the
hospital



1 in 20 kids
develop pneumonia
(the most common
death from measles
in young children)



1 in 1,000 kids
develop brain swelling,
which can cause
seizures, deafness or
intellectual disabilities



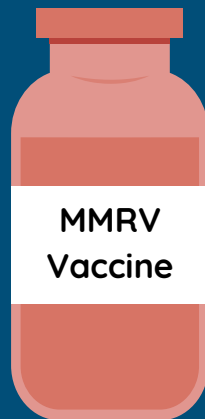
1 - 3 in 1,000 kids
die from respiratory
or brain
complications

Prevention is possible!

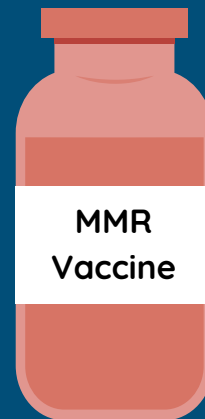
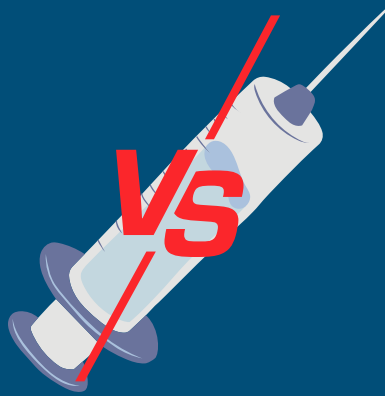
MMRV Vaccine
protects against
measles, mumps,
rubella, & chicken
pox.

It is given in two
doses, usually
before age 6.

Only those under
age 12
can receive it.



MMRV
Vaccine

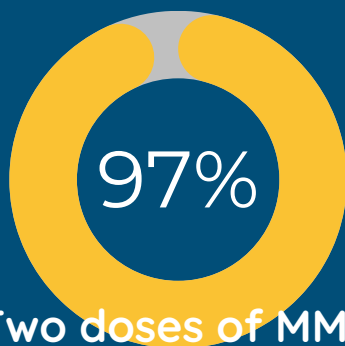


MMR
Vaccine

MMR Vaccine
protects against
measles, mumps,
& rubella

It is given in two
doses, usually
before age 6.

Anyone who is
unvaccinated can
receive it.



Two doses of MMR
vaccine are **97%** effective
against measles!

Talk to your healthcare provider to learn more.

Community

Stronger Together: Safeguarding the most vulnerable this Cold and Flu season!

IMMUNITY



[SKSFcolorado.org/CommunityImmunity](https://www.skسفcolorado.org/CommunityImmunity)

Special Kids Special Families is excited to partner with the Colorado Department of Public Health and Environment to educate our community on how to stay healthy this cold and flu season.



Special Kids Special Families
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This public health project serves to support local community needs for planning, system navigation, and response to the COVID-19 pandemic. The COVID-19 pandemic has disproportionately affected populations who are underserved, including racial and ethnic minority groups, and people living in rural communities who are at higher risk of exposure, infection, hospitalization, and mortality, as well as experience barriers to accessing testing and vaccination. This project will expand and/or continue prevention resources and services to reduce COVID-19 and other viral related disparities among affected populations, build/leverage/expand support for COVID-19 and other virus prevention, and advance health equity and address social determinants of health as they relate to COVID-19 and additional virus health disparities. The funding provided for this project will allow communities to address needs related to health equity and COVID-19 by addressing health disparities in the response to, and prevention and treatment of, COVID-19 with a particular emphasis on supporting community-led and community-based organizations that use culturally effective and linguistically appropriate approaches.